

Abstract

Title: The case report of physiotherapy care of a patient with the diagnosis of impingement syndrome and lateral epicondylitis

The main goal of this thesis is to summarize the knowledge about impingement syndrome diagnosis and physiotherapeutic work with patients being diagnosed with this syndrome. The theoretical part will describe the anatomy and biomechanics of the shoulder girdle, etiopathogenesis of impingement syndrome and various methods that are suitable for treating these patients. In the practical part, which was based on the cooperation with the assigned patient, I will apply the acquired knowledge about the proposed topic.

Key words: shoulder joint, shoulder girdle, rotator cuff, impingement syndrome, physiotherapy